

Am Universitätsklinikum Tübingen führt die Forschungsgruppe von Dr. Axel Lindner derzeit ein Forschungsprojekt über die Auswirkungen von Meditation durch. Wir würden gerne anfragen, ob es möglich wäre, die Informationen über Ihre Kanäle zu verbreiten, um potenzielle Teilnehmer zu erreichen. Anbei finden Sie die Details zur Studie (die Studie ist auf Englisch):

Study on changes in the sense of self due to meditation - Call for participants

We are conducting research to explore alterations in the sense of self that may occur due to meditation, and are searching for participants to fill up an online survey (25-45 min) at a compensation rate of €10/hour. Specifically, we are looking for people who have experienced some of the following states due to meditation (positively and/or negatively valenced):

- Feeling disconnected from yourself or your thoughts, feelings, sensations, or actions, or feeling strange, as if you were not real, and/or
- Feeling disconnected from your surroundings, or experiencing people or objects as unreal, dreamlike, foggy, lifeless, or visually distorted.

For participation, you must be older than 18 years old, fluent in English, and not suffer from schizophrenia. Participation in the study is voluntary. The collected data will be anonymized or pseudonymized, used for research purposes only, treated confidentially, and not passed on to third parties.

Interested in participating? Please get in touch with Erola Pons describing your experience in 2-3 sentences: erola.pons-wendenburg@student.uni-tuebingen.de
Looking forward to hearing about your experiences!

Warmly,

Erola Pons, MSc

PhD candidate

Department of Psychiatry and Psychotherapy
University of Tübingen, Germany

Ich würde mich sehr freuen, wenn ihr uns dabei unterstützen könntet, diese Informationen zu verbreiten. Gerne antworten wir jegliche Rückfragen dazu. Der Studienleiter ist Dr. Axel Lindner (a.lindner@medizin.uni-tuebingen.de).

Liebe Grüße,
Erola